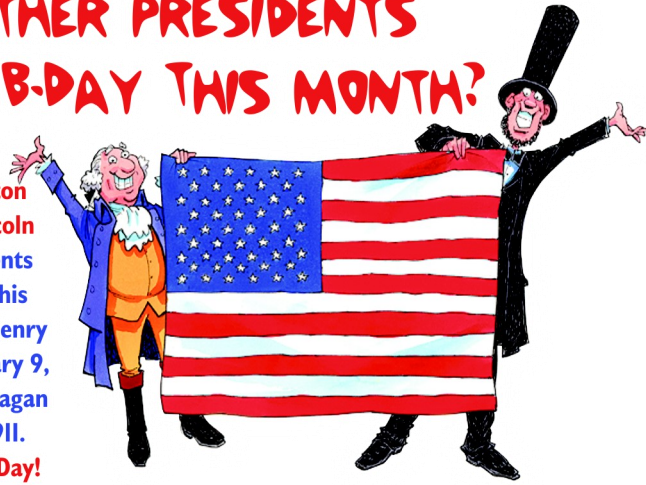


WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than
George Washington
and Abraham Lincoln
two other Presidents
have a birthday this
month – William Henry
Harrison on February 9,
1773 and Ronald Reagan
on February 6, 1911.
Happy Presidents Day!



Please Check Your Childs
Account for any outstanding balances.
If you need assistance in making payments
or have questions regarding an account
balance please contact the food service
office 610-932-6660

Por Favor revise la cuenta de su estuiante
Para cualquier saldo pendiente. Si necesita
ayuda para un acuerdo de pagos o tiene
preguntas sobre un saldo, comuniquese
con la oficina de servicio de alimentos en
ingles al 610-932-6660 o en Español al
610-9326695

What Makes a Lunch?

USDA National School Lunch Requirements:
each color dot below represents a meal component

Select 3-5 Different Components

FRUITS VEGETABLES GRAINS PROTEIN MILK

Must include a **FRUIT** OR **VEGETABLE**
(May take both)

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Monday, February 17



**NO SCHOOL
TODAY**

Tuesday, February 18

Breakfast

French Toast Sticks
Pears

Lunch

Snack Combo
(Toasted Ravioli and
Mozz Sticks)
Green Beans
Baby Carrots
Chilled or Fresh Fruit

Wednesday, February

Breakfast

Cinnamon Rolls
Mixed Berry Cup

Lunch

General Tso's Chicken
Steamed Rice
Broccoli
Baby Carrots
Fresh or Chilled Fruit

Fortune Cookie

Thursday, February

Breakfast

Muffins
Mixed Fruit

Lunch

BBQ Pulled Pork
Sandwich
Baked Beans
Coleslaw
Fresh or Chilled
Fruit

Friday, February 21

Breakfast

Donut Holes
Applesauce

Lunch

Buffalo Chicken
Cheesesteak
French Fries
Celery Sticks
Fresh or Chilled Fruit

Be A School Lunch Supehero

Monday, February 24

Breakfast

Pancakes
Peaches

Lunch

Baked Ziti
Garlic Knot
Peas
Zucchini and Squash
Sticks
Fresh or Chilled Fruit

Tuesday, February 25

Breakfast

French Toast Sticks
Pears

Lunch

Chicken Tenders
Roasted Vegetables
Cucumbers
Baby Carrots
Fresh or Chilled Fruit

Ash Wednesday

Breakfast

Cinnamon Rolls
Mixed Berry Cup

Lunch

Fish Sandwich
Tartar Sauce
French Fries
Crunchy Broccoli
Chilled or Fresh Fruit

Thurs, February 27

Breakfast

Muffins
Mixed Fruit

Lunch

BBQ Bacon
Cheeseburgers
Onion Rings
Pickles
Fresh or Chilled Fruit

Friday, February 28

Breakfast

Donut Holes
Applesauce

Lunch

Baked Potato Bar
Broccoli W/WO
Cheese
Top it your way!
Fresh or Chilled Fruit

